

3 October 2016

Dear Shareholder

Important information regarding electronic communications with shareholders

New provisions came into force within the Companies Act 2006, regarding the way that a company is permitted to communicate with its shareholders.

The Act allows Premaita Health plc (the "**Company**") to use its website to communicate with shareholders: this means that, instead of being obliged to send annual reports, notices of shareholder meetings and other documents to shareholders by post, we can instead publish them on our website at www.premaitha.com. For those shareholders who consent, the website will be the way in which they access shareholder information.

You still have the right to ask for paper versions of shareholder information to be sent to you at no charge, but we would strongly encourage you to consider the electronic option. Using the website allows us to reduce printing and postage costs and speed up the provision of information to shareholders. It is also better for many shareholders who can choose and access just the information they need, from the website, at any time. The reduced use of paper will also have environmental benefits.

If you wish to receive shareholder information by means of our website, you need to take no further action and in the future you will be notified by post when shareholder information has been placed on the website.

If you wish to receive shareholder information in hard copy form, you should complete and sign the reply slip at the foot of this letter and return it to **FREEPOST CAPITA SAS** (This is all you need to write on the envelope, no other address details are required).

If you do not reply within 28 days from the date of despatch of this letter, you will be deemed to have consented to website publication of shareholder information and you will no longer receive hard copies in the post.

Registering your details on the Registrar's share portal will also give you easy access to information about your personal shareholding. You will be able to see your dividend history, appoint a proxy to vote for you, arrange for dividends to be paid straight into your bank account and confirm any changes to your name or address, so that we know we are using up to date contact details. The address you need is www.capitashareportal.com.

If you need help while using the Registrars' portal, please telephone Capita Asset Services on 0871 664 0391 (calls cost 12p per minute plus network extras, lines are open 9am – 5.30pm Mon – Fri). If dialling from overseas please call +44 20 639 3367.

Yours faithfully

Barry Hextall
Company Secretary

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Please detach and return to **FREEPOST CAPITA SAS** (This is all you need to write on the envelope, no other address details are required and no stamp is required either)

I wish to continue to receive hard copy shareholder information from Premaita Health plc

Full Name of Shareholder(s) in block capitals:

Full Address of Shareholder(s) in block capitals:

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Investor Code if known:

Signature: Date:

Please note that if you do not detach and return this form within 28 days you will be deemed to have consented to the receipt of shareholder information via our website